

# CLASSES FOR TEENS @ OMS



**SPRING 2015!**

Classes begin week of March 16 and meet at 2:45, unless otherwise noted. Room numbers will be emailed to students before the start of class. No classes during school vacation. On early release days classes begin at 1:10.

For complete descriptions and registration visit [ArlingtonCommunityEd.org](http://ArlingtonCommunityEd.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Photography Grades 6-8 2:45-4:15	Babysitting Basics Grades 6-9 (T/TH) 2:45-4:45	Vinyasa Yoga Grades 6-8 2:45-3:45	Babysitting Basics Grades 6-9 (T/TH) 2:45-4:45	
Mosaic Art Grades 6-8 2:45-4:15	OMS Running Grades 6-8 (T/Th) 2:45-4:00	CADD Grades 4-12 3:00-4:30 @ AHS	OMS Running Grades 6-8 (T/Th) 2:45-4:00	

## **BABYSITTING BASICS** • Grades 6-9

*Va Shon Wallace-Hiltbold, 4-H Youth & Family Development*

The excellent 4-H Babysitters' Program is designed to better prepare young people for babysitting and childcare by educating them to become capable, caring, responsible babysitters. Students will come to understand the responsibilities of babysitting and learn the skills needed to become good babysitters. You will develop confidence in handling situations you may encounter when babysitting. Upon completion of this course, you will receive a Babysitter's ID card and a certificate of completion. Please bring \$8 for the instructor to the first class to cover the cost of a member's guide. Note students must be *at least 12 years old*. 15 student maximum.

CODE: **MS006** 2 Tuesdays & 2 Thursdays, 5/5-5/14, 2:45-4:45pm, \$80

## **DSLR PHOTOGRAPHY: GET OUT OF 'AUTO' MODE** • Grades 6-8

*Renee Cameron*

Do you want to get out of "auto mode," take an intro photo course or learn the features of your DSLR camera to take more interesting photos? This course will introduce you to the mechanics of a digital SLR camera and photographic technique including aperture, shutter speeds, depth of field, white balance, exposure and the various types of digital files. Each student will work to achieve a greater understanding of their camera by learning what these terms mean, what they look like and how certain settings affect an image. In addition, we'll have interesting weekly assignments related to techniques discussed in class. Each student should have a DSLR camera and at least one lens (preferably 35 or 50 mm). Bring your camera (with fully charged batteries), memory card, *camera manual* and any connection cords to each class. CODE: **MS002** 4 Mondays, 3/16-4/6, 2:45-4:15pm, \$60

## **MIDDLE SCHOOL RUNNING** • Grades 6-8

*Meaghan Bassett & Mark Regan*

Learn to run a 5K! Join a team of Arlington teachers who have years of running experience and learn to run in a fun, non-competitive atmosphere. During this six-week program, students will build confidence as well their physical and mental endurance. No experience necessary! We will wrap up the course by running a 5K event together in the spring. CODE: **MS001**, Tuesday & Thursdays, 3/24-5/7 (no class on 4/16, 4/21 or 4/23) 2:45-4pm, \$88

## **MOSAIC ART FOR TEENS** • Grades 6-8

*Mosaic Oasis, Betsy Rodman co-owner*

Learn the ancient art of mosaics. This class will introduce teens to the process of creating mosaics—from the use of color and placement of tile to composition, as well as the technical aspects of grouting and completing the piece. Students will learn while doing, through demonstration and lots of hands-on time. You will make a beautiful mosaic art project, such as a 10"-round or square mirror, address plaque /house numbers or wall plaque of your choice. Tuition includes all materials. CODE: **MS003** 4 Mondays, 3/16-4/6, 2:45-4:15pm, \$95

## **VINYASA YOGA FOR TEENS** • Grades 6-8

*Sarah Barkhuff*

Power Vinyasa is a very athletic form of yoga. Perfect for teens, it is challenging and fun! We will begin each class with five minutes of focused breathing, go through an energetic yoga class, then end with a relaxing guided meditation. Bring a yoga mat.

CODE: **MS00** 5 Wednesdays, 3/18-4/15 2:45-3:45pm \$40

## **CADD FOR KIDS: COMPUTER AIDED DRAFTING + DESIGN + 3D PRINTING** •

*Grades 4-12 @ Arlington High Kambiz Vatan, Mathematics Teacher, AHS*

This class is for students interested in using computers to digitally design and build their ideas while exploring the world of architectural and mechanical drafting and design. This class can go in different directions depending upon the choice of the student. In project-based curriculum, students work on hands-on, computer-oriented projects, generating final products sparked by their own interests. CADD is a great class for anyone, whether or not they have been exposed to digital design. **Meet in Room 403 @ Arlington High, 869 Mass. Ave.**

Limited to 15 students CODE: **MS005** 5 Wednesdays, 3/18-4/15, 3-4:30 pm, \$100

## Youth Registration Form

**Spring 2015**

Registration for KidZone and OMS classes is on a first-come, first-served basis. You may enroll in a class at any school.

*Classes fill quickly! Also register online at: **ArlingtonCommunityEd.org***

**PLEASE PRINT CLEARLY**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
 Nickname \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_  
 Street Address \_\_\_\_\_ ZIP \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Parent Name \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Parent Name \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_  
 Emergency Work Phone \_\_\_\_\_ Emergency Cell Phone \_\_\_\_\_  
 Name of Pick-Up Person \_\_\_\_\_ Contact Phone \_\_\_\_\_

\*OMS Students will be released by the instructor at the end of the class.

CLASS CODE	TITLE OF CLASS	DAY & SCHOOL	PRICE
Registration Fee:			\$5.00
TOTAL:			

Are there special considerations we should know about so that your child will have a positive experience in their KidZone class? Please describe any special needs, including medical, emotional, behavioral and/or allergies that we should be aware of, and note that **no nurse is on duty during KidZone classes and staff have no access to medications, including EpiPens and inhalers:**

\_\_\_\_\_

\_\_\_\_\_

I/We, the parents/guardians of \_\_\_\_\_ a minor, hereby consent to his/her participation in the Arlington Community Education KidZone program, the taking of photos of my/our child for promotion of the program via print and web, and to his/her use of the Arlington Public Schools facilities and equipment. I/We further agree to release and hold harmless the Town of Arlington, Arlington Public Schools and the employees, agents and assigns from all liability or expenses arising out of any incident involving, or any account of any injury to the above named minor in connection with this program. I/We further consent to treatment by emergency personnel in the event of injury to, or illness of our child during his/her participation in this program. I/We accept full responsibility for all costs for any such emergency treatment. I/We agree to abide by APS policies.

Parent/Guardian Signature (required) \_\_\_\_\_ Date \_\_\_\_\_

**TO REGISTER:**

1. Go ONLINE to **ArlingtonCommunityEd.org** and use a credit card.
2. MAIL completed registration form with credit card information (below) or a check, payable to **Arlington Community Education** (1 check per class please) to: Arlington Community Education, 869 Mass. Ave., Arlington 02476. Credit card transactions may also be faxed: 781-316-3381.

**NO PHONE REGISTRATIONS WILL BE ACCEPTED!**

The charge will appear as "Town of Arlington" on your credit card statement.

Please charge the following credit card: \_\_\_ VISA \_\_\_ MasterCard Amount to charge: \$ \_\_\_\_\_

Account Number : \_\_\_\_\_ CVV Number \_\_\_\_\_ Exp. Date (Mo./Yr.) \_\_\_\_\_

Cardholder Name: \_\_\_\_\_ Signature \_\_\_\_\_