



# KidZone

*Open to elementary-age students from Arlington and surrounding communities. Classes meet 10 minutes after the end of the school day and last for one hour, from 2:25-3:25pm (or as noted).*

- KidZone coordinators at each site meet children in designated waiting areas, take attendance and ensure students find their classes. Students are dismissed by their instructor according to the pick-up plan you identify on the registration form.
- Scholarship assistance is available to students who receive free or reduced lunch; call 781-316-3568 for more information.

To register for KidZone, go to [ArlingtonCommunityEd.org](http://ArlingtonCommunityEd.org) or use the YOUTH registration form at the back of this catalog. Call 781-316-3568 for more information.

# KidZone

## CLASSES FOR GRADES K-5

### Bishop School

Classes run from 2:25-3:25pm, unless otherwise noted

#### Superhero Science

*Wicked Cool for Kids Staff*

Grades 1-3

What makes a superhero super? Physics! Conduct gravity experiments to learn what it would take for Superman to leap over tall buildings in a single bound. Create optical illusions to understand how Wonder Woman's jet can disappear. Investigate how Spiderman (and real spiders) can walk up walls. Examine Batman's super gadgets that help him fight crime. Morph into the world of superheroes using the science that could make superheroes a reality.

CODE: **BPo1.S15** 6 Tuesdays, 3/17-4/28; early release 4/14  
class meets 1:10-2:10 (no class 4/21) \$125

#### LEGO® Engineering FUNDamentals

*Play-Well Tek Staff*

Grades 3-5

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

CODE: **BPo3.S15** 8 Thursdays, 3/19-5/14 (no class 4/23)  
2:25-3:55pm (note longer class time) \$190

#### Fit Girls

*Kim Piggott & Anna Rey*

Grades 4-5

Fit Girls is a non-competitive fitness initiative that hopes to inspire active lifestyles, female friendships, personal growth and the confidence that comes from working toward and achieving goals. Fit Girls is a national curriculum being used in schools all over the country ([www.fitgirls.org](http://www.fitgirls.org)). Through this program, participants will meet twice a week for fun and energizing sessions that will prepare the girls to participate in a 5K road race together as the culminating event of the season. Over the course of six weeks, Fit Girls will build their physical and mental endurance, share great books and learn about how they can make a difference in their communities. Cost of T-shirts is included in the class fee. This is an outdoor program so please dress for the weather.

CODE: **BPo4.S15** 6 Wednesdays & Fridays, 3/25-5/8 (no class 4/22, 4/24) \$95

### Brackett School

Classes run from 2:25-3:25pm, unless otherwise noted

#### LEGO® Engineering Jr.

*Play-Well Tek staff*

Grades 1-3

Let your imagination run wild with tens of thousands of LEGO®! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNDamentals.

CODE: **BRo1.S15** 8 Mondays, 3/16-5/11 (no class 4/20)  
2:25-3:55pm (note longer class time) \$190

#### Superhero Science

*Wicked Cool for Kids Staff*

Grades 1-3

What makes a superhero super? Physics! Conduct gravity experiments to learn what it would take for Superman to leap over tall buildings in a single bound. Create optical illusions to understand how Wonder Woman's jet can disappear. Investigate how Spiderman (and real spiders) can walk up walls. Examine Batman's super gadgets that help him fight crime. Morph into the world of superheroes using the science that could make superheroes a reality.

CODE: **BRo3.S15** 6 Wednesdays, 3/18-4/29 (no class 4/22) \$125

#### Theater, Song and Dance

*Eleni Kmiec*

Grades K-2

Save the *drama* for the Stage! In this fun class, we will explore the basics of performing through improvisation, acting, singing, dancing, storytelling and dramatic play. We will engage in performance games and exercises. Students will build confidence, show off, play, learn to create a character and story for the stage, and have fun! The final class will include a brief 15-minute presentation demonstrating what the children have learned in the eight weeks. 6 student minimum. *Eleni Kmiec has been working with children in many different areas of performing for the last four years.*

CODE: **BRo4.S15** 8 Fridays, 3/20-5/22 (no class 4/3, 4/24) \$105

**NEW! AFTER-SCHOOL CLASSES FOR TEENS**  
See page 39 for more information.



## Fit Girls

Tracy Breen @ Alison Caruso  
Grades 4-5

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CODE: **BR05.S15** 6 Tuesdays & Thursdays, 3/31-5/14 (no class 4/21 or 4/23, early release 4/14) class meets 1:10-2:10 \$95

## Dallin School

*Classes run from 2:25-3:25pm, unless otherwise noted*

### Cooking With Chef!

Chelsea Ekenseair  
Grades K-3

Eat your homework! Cooking with Chef brings fun and nutritious cooking projects that expand culinary horizons! In this hands-on class, students learn real techniques and skills to make food with recipes to bring home. \$15 food fee is included in class price. 6 student minimum. *Chelsea Ekenseair has taught cooking and nutrition to children and has been in the hospitality industry for over a decade.*

CODE: **DA02.S15** 8 Wednesdays, 3/18-5/13 (no class 4/22) \$120

### Brazilian Jiu-Jitsu

Mass Brazilian Jiu-Jitsu Academy Staff  
Grades 2-5

This kids' program is an introduction to learning a practical approach to self-defense. The techniques of Brazilian Jiu-Jitsu allow for a smaller, weaker person to successfully defend against a larger, stronger assailant by using grappling for leverage with proper technique. Brazilian Jiu-Jitsu has proven so effective that it is being used by UFC fighters, the military and law enforcement as a staple of defensive training. BJJ is also a fun sport.

CODE: **DA04.S15** 6 Thursdays, 3/19-4/30 (no class 4/23) \$120

## Video Game Design

Empow Learning Staff  
Grades 3-5

Kids have fun playing video games, but they have even more fun playing games they make themselves! Students learn the fundamentals of object-oriented programming through video game design while creating their own game. All students work at their own pace, making this a great workshop for both new and more experienced game makers. Don't tell the kids, but while creating the games, they will be learning math, geometry, design, logic and object-oriented programming. Games can be played at home (MS-Windows-only) and software used in class is available for free download (MAC and PC) for those who want to continue working on their games at home. Our non-violence policy is enforced. 8 student minimum.

CODE: **DA06.S15** 8 Fridays, 3/20-5/22 (no class 4/3 or 4/24) \$175

## Beyond Beginner Chess

Brooks Harrelson  
Grades 3-5

Chess is a great game whose difficulty is greatly exaggerated. It's engaging, intelligent and keeps your mind sharp. This class is for students who already know how to play the game and who want to learn to play *better* chess through puzzles, discussion and examples. Get ready to have fun! 6 student minimum. *Brooks Harrelson has been playing chess since he was 12. He loves to solve multiple chess puzzles most days.*

CODE: **DA07.S15** 8 Fridays, 3/20-6/5 (no class 4/3, 4/24, 5/22) \$90

## Fit Girls

Meagan Burke @ Jill Connor  
Grades 4-5

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CODE: **DA08.S15** 6 Mondays & Wednesdays, 3/23-5/6 (no class 4/20 or 4/22) \$95

## Hardy School

Classes run from 2:25-3:25pm, unless otherwise noted

### Habitat's Nature Detectives: *Getting Warmer*

Habitat Staff Naturalists  
Grades K-2

Sharpen your detective skills and explore the mysteries of nature as winter shifts to spring. Longer days signal amphibian and reptile activity, more insects, bird migration and plants budding. Come find out more! We'll observe animal visitors and search the schoolyard and nearby Minuteman Bike Path to see how plants are changing and what animals can be found. *By registering for this class, parent/guardian gives permission for their child to leave the school grounds with Mass Audubon Habitat instructors and use Minuteman Bike Path as their outdoor classroom for 3 or more of the class meetings. Students will return to Hardy School in time for dismissal. PLEASE NOTE: If your child has allergies or asthma, put this information on the registration form—we will be touching plant and animal specimens (possible pollen, animal fur and feather exposure) and could encounter bees.*

CODE: **HA02.S15** 8 Thursdays, 3/19-5/14 (no class 4/23) \$125

### Arlington Children's Theater

Matthew Lundeen  
Grades K-2

One of our most popular classes! We will explore an introduction to the dramatic arts. We will spend class time playing theater games that work on voice, movement, improvisation, character and confidence as we prepare a final production. Ensemble work is strongly encouraged as students add their ideas to everything, including scene creation. The class ends with a short performance. 12 student maximum. *Matthew Lundeen is the artistic director of ACT.*

CODE: **HA03.S15** 8 Fridays, 3/27-5/29 (no class 4/3 or 4/24) \$105

NEW! AFTER-SCHOOL CLASSES FOR TEENS  
See page 39 for more information.

“My child loved the course and wished it was held every day after school.”

Video Game Design

## Fit Girls

Amy Hrobak  
Grades 4-5

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CODE: **HA04.S15** 6 Wednesdays, 3/25-5/6 (no class 4/22) \$55

## Peirce School

Classes run from 2:25-3:25pm, unless otherwise noted

### Cooking With Chef!

Chelsea Ekenseair  
Grades K-3

Eat your homework! Cooking with Chef brings fun and nutritious cooking projects that expand culinary horizons! In this hands-on class, students learn real techniques and skills to make food with recipes to bring home. \$15 food fee is included in class price. 6 student minimum. *Chelsea Ekenseair has taught cooking and nutrition to children and has been in the hospitality industry for over a decade.*

CODE: **PR02.S15** 8 Mondays, 3/16-5/11 (no class 4/20) \$120

### Habitat's Nature Detectives: *Getting Warmer*

Habitat Staff Naturalists  
Grades K-2

Sharpen your detective skills and explore the mysteries of nature as winter shifts to spring. Longer days signal amphibian and reptile activity, more insects, bird migration and plants budding. Come find out more! We'll observe animal visitors and search the schoolyard and nearby Minuteman Bike Path to see how plants are changing and what animals can be found. *By registering for this class, parent/guardian gives permission for their child to leave the school grounds with Mass Audubon Habitat instructors. PLEASE NOTE: If your child has allergies or asthma, put this information on the registration form—we will be touching plant and animal specimens (possible pollen, animal fur and feather exposure) and could encounter bees.*

CODE: **PR01.S15** 8 Tuesdays, 3/17-5/12 (no class 4/21), early release day 4/14, class meets 1:10-2:10 \$125

## LEGO® Animation

*Empow Studios Staff*  
Grades 3-5

Bring your story to life! Students develop their appreciation for great storytelling by developing and filming their own stop-motion movies. Children work in pairs to create their own stories using elements of plot, setting, rising action, conflict and resolution. Once characters and backgrounds are made, students use computers, webcams and special software to bring their stories to life! Movies are available to take home. A strict non-violence policy is enforced. 8 student minimum.

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CODE: **PR04.S15** 8 Thursdays, 3/19-5/14 (no class 4/23) \$175

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## Fit Girls

*Heather Dooley*  
Grades 4-5

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CODE: **PR05.S15** 6 Mondays & Wednesdays, 3/23-5/6 (no class 4/20 or 4/22) \$95

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# Stratton School

*Classes run from 2:25-3:25pm, unless otherwise noted*

## Anatomy Academy

*Wicked Cool for Kids Staff*  
Grades 1-3

Attention future doctors! The Anatomy Academy is now in session. We'll delve into the human body's fascinating system of cells, tissues and organs. Create a model of blood, skin and tour the digestive system. Build a working representation of the lungs and make a creepy cool model of the eye. You'll learn you are smarter than you think when we learn all about the brain and how it works.

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CODE: **ST01.S15** 6 Mondays, 3/16-4/27 (no class 4/20) \$125

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## Arlington Children's Theater

*Matthew Lundeen*  
Grades K-2

One of our most popular classes! We will explore an introduction to the dramatic arts. We will spend class time playing theater games that work on voice, movement, improvisation, character and confidence as we prepare a final production. Ensemble work is strongly encouraged as students add their ideas to everything, including scene creation. The class ends with a short performance. 12 student maximum. *Matthew Lundeen is the artistic director of ACT.*

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CODE: **ST02.S15** 8 Tuesdays, 3/24-5/19 (no class 4/21), early release 4/14 class meets 1:10-2:10 \$105

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## Nathan's Ninjas

*Nathan Porter*  
Grades K-5

Back by popular demand! This dynamic class is known for its fun games and teamwork-oriented environment. You will learn a mix of traditional Kempo Karate with elements of sport karate, tumbling and grappling. This class will give you a true self-defense perspective, all while you're having fun and building confidence. New students will receive a belt at the beginning of the class. 12 student maximum. *Nathan Porter is a certified black belt and runs New England Movement Arts in Burlington ([nemovementarts.com](http://nemovementarts.com)).*

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CODE: **ST03.S15** 8 Fridays, 3/20-5/22 (no class 4/3 or 4/24) 2:25-3:25pm \$125

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CODE: **ST04.S15** 8 Fridays, 3/20-5/22 (no class 4/3 or 4/24) 3:35-4:35pm \$125

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## Fit Girls

*Patricia Mangaudis & Meghan Milner*  
Grades 4-5

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CODE: **ST05.S15** 6 Mondays & Wednesdays, 3/23-5/6 (no class 4/20 or 4/22) \$95

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## Thompson School

*Classes run from 2:25-3:25pm, unless otherwise noted*

### Habitat's Nature Detectives: *Getting Warmer*

*Habitat Staff Naturalists*

*Grades K-2*

Sharpen your detective skills and explore the mysteries of nature as winter shifts to spring. Longer days signal amphibian and reptile activity, more insects, bird migration, and plants budding. Come find out more! We'll observe animal visitors and search the schoolyard and nearby Minuteman Bike Path to see how plants are changing and what animals can be found.

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CODE: **THo1.S15** 8 Mondays, 3/16-5/11 (no class 4/20) \$125

“My son had a great time and I think the extended time benefitted the creative process.”

*Lego Engineering*

“My child was always excited about the class. I will be signing her up again.”

*Habitat's Nature Detectives*

### LEGO® Animation

*Empow Studios Staff*

*Grades 3-5*

Bring your story to life! Students develop their appreciation for great storytelling by developing and filming their own stop-motion movies. Children work in pairs to create their own stories using elements of plot, setting, rising action, conflict, and resolution. Once characters and backgrounds are made, students use computers, webcams and special software to bring their stories to life! Movies are available to take home. A strict non-violence policy is enforced.

CODE: **THo3.S15** 8 Wednesdays, 3/18-5/13 (no class 4/22) \$175

### Arlington Children's Theater

*Matthew Lundeen*

*Grades K-2*

One of our most popular classes! We will explore an introduction to the dramatic arts. We will spend class time playing theater games that work on voice, movement, improvisation, character and confidence as we prepare a final production. Ensemble work is strongly encouraged as students add their ideas to everything, including scene creation. The class ends with a short performance. 12 student maximum.

*Matthew Lundeen is the artistic director of ACT.*

CODE: **THo2.S15** 8 Thursdays, 3/26-5/21 (no class 4/23) \$105

“I'm really happy we signed up for this course. My daughter really enjoys it. She is more adventurous with trying new foods.”

*Cooking with Chef*

# Youth Programs Registration Form ■ Spring 2015

Registration for KidZone classes is on a first-come, first-served basis. You may enroll in a class at any school. Some classes will fill very quickly. Please register as soon as possible.

**PLEASE PRINT CLEARLY**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
 Nickname \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_  
 Street Address \_\_\_\_\_ ZIP \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Email \_\_\_\_\_  
 Parent Name \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Parent Name \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_  
 Emergency Work Phone \_\_\_\_\_ Emergency Cell Phone \_\_\_\_\_  
 Name of Pick-Up Person \_\_\_\_\_ Contact Phone \_\_\_\_\_

CLASS CODE	TITLE OF CLASS	DAY & SCHOOL	PRICE
Registration Fee			\$5.00
<b>TOTAL</b>			

Are there special considerations we should know about so that your child will have a positive experience in their KidZone class? Please describe any special needs, including medical, emotional, behavioral and/or allergies that we should be aware of, and note that **no nurse is on duty during KidZone classes and staff have no access to medications, including EpiPens and inhalers:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

I/We, the parents/guardians of \_\_\_\_\_ a minor, hereby consent to his/her participation in the Arlington Community Education KidZone program, the taking of photos of my/our child for promotion of the program via print and web, and his/her use of the Arlington Public Schools facilities and equipment. I/We further agree to release and hold harmless the Town of Arlington, Arlington Public Schools and the employees, agents and assigns from all liability or expenses arising out of any incident involving, or any account of any injury to, the above named minor in connection with this program. I/We further consent to treatment by emergency personnel in the event of injury to, or illness of, our child during his/her participation in this program. I/We accept full responsibility for all costs for any such emergency treatment. I/We agree to abide by APS policies.

Parent/Guardian Signature (required) \_\_\_\_\_ Date \_\_\_\_\_

**TO REGISTER:**

1. ONLINE registration is now available at [ArlingtonCommunityEd.org](http://ArlingtonCommunityEd.org).
2. Pay by check—payable to Arlington Community Education (1 check per class)
3. Pay by charge—by mail, Arlington Community Education, 869 Mass. Ave., Arlington 02476, or fax, 781-316-3381

**NO PHONE REGISTRATIONS WILL BE ACCEPTED!**

The charge will appear as “Town of Arlington” on your credit card statement.

**Make checks payable to:** Arlington Community Ed, 869 Mass. Ave., Arlington, MA 02476 • 781-316-3568 • Fax 781-316-3381

**Please charge the following credit card:**  VISA  MasterCard Amount to charge: \$ \_\_\_\_\_

Account Number \_\_\_\_\_ CCV Number \_\_\_\_\_ Exp. Date (Mo./Yr.) \_\_\_\_\_

Cardholder Name \_\_\_\_\_ Signature \_\_\_\_\_