

“My daughter loved the class. Georgia did a great job and they made some very, very nice jewelry (and we purchased supplies to continue at home).” — *Arlington Public School Parent*

Arlington Community  
Education

# KidZone

## 2012 Elementary After-School Enrichment for Grades K–5

Session 2: February–May

The Arlington Public Schools offer a great selection of after-school programs at elementary schools throughout town. Classes meet once a week for up to eight weeks, and you can register for programs at any school. These fun and engaging classes taught by Arlington Public Schools staff, parents, community members and other qualified professionals enable students to extend their learning beyond the classroom in a relaxed and fun environment.

**REGISTRATION BEGINS JANUARY 31: SPACE IS LIMITED SO ENROLL EARLY!!!  
DEADLINE FOR REGISTRATION IS FEBRUARY 20.**

### Now including Kindergarteners and late-afternoon classes at Arlington High School

For the first time, the KidZone program is open to Kindergarteners! And, we now have a selection of classes that meet at Arlington High School. See inside for details.

*A Program for Creative and Academic Enrichment*

Arlington Community Education • 869 Massachusetts Avenue, Arlington High School, Arlington 02476  
781-316-3568 • [www.arlingtoncommunityed.org](http://www.arlingtoncommunityed.org) • [ncoles@arlington.k12.ma.us](mailto:ncoles@arlington.k12.ma.us)



# Welcome to KidZone spring semester!

**T**hank you for making our fall semester a big success! We have some great new offerings so please take a moment to look over our spring catalog. We are sure you will find something you will enjoy. To accommodate all students, we are now offering classes for kindergarten students as well as late-afternoon classes for those of you interested in a class not held at your school. See you soon!

— *Nina Coles and the Staff at Arlington Community Education*

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## General Information

- KidZone classes begin 15 minutes after the end of the school day and last for one hour, from 2:25–3:25 (or as noted). There will be a brief snack time so children are encouraged to bring a nut-free snack and a beverage.
- We plan to rotate the offerings among the different schools (where possible) to allow every child new classes in future sessions.
- We want every child to have a positive learning experience in our program. Please make sure your child shows an interest in the particular class before enrolling.
- There will be a KidZone on-site coordinator to gather the children in a designated waiting area, take attendance and ensure they find their instructor. The coordinator will be aware of any medical issues and special needs but there will not be a nurse on the premises.
- If your child attends your school's after-school daycare program, please notify that program's director and fill out any necessary paperwork, if applicable.
- Prompt pick-up: Parents/guardians need to arrange for their child to be picked up immediately after the program. They must be dismissed to an adult by the coordinator. If you are delayed, there is a 10-minute grace period before late charges begin. Delays beyond 10 minutes will result in a charge of \$5/each additional 5-minute period that the on-site coordinator waits with your child, payable immediately.
- If your child will be absent, please call the Arlington Community Education office at 781-316-3568 or the program director, Nina Coles at 781-588-3800.

## Registration Information

*(Registration form is located on the last page.)*

- For information about GoLingo! language classes, please go to [golingolingo.org](http://golingolingo.org).
- Tuition is due in full with registration no later than February 20.
- Class enrollment is limited and children are enrolled as registrations are received. All programs must be paid in full with submission of registration forms.
- Classes may be cancelled due to low enrollment, so please register early. Tuition will be refunded if a class is cancelled. No refunds will be made for classes missed or dropped. There will be a \$10 administrative fee assessed for all requested changes to original registrations.
- We reserve the right to cancel due to low enrollment.
- Confirmations will be emailed for all registrations once the registrations are processed. If a class you have requested is full, you will be contacted immediately.
- Scholarship assistance is available to students who are eligible for free or reduced lunch.
- Please note that no nurse will be on duty during the KidZone program, and staff members have no access to medications, including EpiPens and inhalers.
- If the Arlington Public Schools are closed or released early due to inclement weather, after-school classes will be cancelled. Make-up classes will be scheduled if possible.

**Please visit us at [arlingtoncommunityed.org](http://arlingtoncommunityed.org)**

“On-location classes are so appreciated, since we both work full-time and can't travel easily to other locations for after-school classes.”

# Bishop School

## Artists and Authors

*Sharon McLaughlin*

Grades K-1.

Have fun in this combined program of fabulous authors and art. We will read wonderful stories by authors such as Eric Carle, Dr. Seuss and Don Freeman. We will create original and creative projects to enrich each child's reading and listening skills. Sharon McLaughlin is a Bishop teacher. \$8 materials fee is due to the instructor at the first class.

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CODE: BP01 8 Mondays, 2/27-4/23 (no class 4/16),  
2:25-3:25 PM \$115

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## Fancy and Fun Folk Art

*Jaime Sliney*

Grades K-2.

Calling all creative kids! Come join me for some fancy and fun folk art. We will use our imaginations to create magical wood creations. We will decorate wood shapes and make magnets, mobiles, and more! Jaime Sliney is a Bishop teacher's aide. Maximum of 10 students. \$10 materials fee is due to the instructor at the first class.

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CODE: BP02 8 Wednesdays, 2/29-4/25 (no class 4/18),  
2:25-3:25 PM \$115

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## Morning Boot Camp for Kids

*Andrew Scopa*

Grades K-2.

Would you like to be smarter? Some studies have shown that healthy students are better learners. Jump start your mornings with this boot camp-style class. You will feel extra ready for the rest of your day. Get fit doing many fun and physical activities with your favorite physical education teacher! Don't be a couch potato! Andrew Scopa is a Bishop teacher.

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CODE: BP03 8 Tuesdays and 8 Thursdays, 2/28-5/1 (no class 3/13,  
4/17, 4/19), 7:30-8:00 AM \$115

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## Morning Boot Camp for Kids

*Andrew Scopa*

Grades 3-5.

See description above.

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CODE: BP04 8 Wednesdays and 8 Fridays, 2/29-5/4 (no class 4/6,  
4/18, 4/20), 7:30-8:00 AM \$115

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“We just would like the class  
to continue!”

## Chess 1

*Eric Berger*

Grades K-3

Chess is fun and challenging – the greatest of games! Kids of any age can learn to play. You will learn how the pieces move, the geometric set up of the board and how many points each piece is worth. You will also learn the touch-the-piece rule, how to give a piece a friend, and what a threat is. Additional concepts learned will be castling, check, checkmate, fair and unfair trades, pawn promotion, strategy, fork, and pin. Chess 1 also stresses taking one's time, careful observation, problem solving, and planning ahead. Proper chess manners are also emphasized. Eric Berger has had a long career as a public school educator and teaches chess at the Arlington Children's Center and Robbins library. 10 student maximum.

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CODE: BP05 6 Tuesdays, 2/28-4/10 (no class 3/13),  
2:25-3:25 PM \$115

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## Chess 2

*Eric Berger*

Grades 1-5

This course is for children who know how the pieces move. Children will learn strategies for how to play an effective opening and middle game. This will include how to assess the strengths and weaknesses of the position of the pieces on the board for both players at various stages of the game. Other concepts stressed will be the tactics of pin, fork, back rank mate, discovery, double attack, and skewer. Chess 2 also emphasizes taking one's time, problem solving, and proper chess manners. See Eric Berger's bio above. 10 student maximum.

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CODE: BP06 6 Fridays, 3/2-4/13 (no class 4/6), 2:25-3:25 PM \$115

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“My son thought the class was  
just right.”

## Fit Girls

*Kim Pigott and Kristin Harris*

Grade 4

Fit Girls is a non-competitive fitness initiative that hopes to inspire active lifestyles, female friendships, personal growth, and the confidence that comes from working toward and achieving goals. The Bishop Fit Girls are guided by a curriculum being used all over the country ([www.fitgirls.org](http://www.fitgirls.org)). We will meet once (5th grade) or twice (4th grade) a week for fun and energizing sessions that will prepare the girls to participate in a 5K road race as a culminating event of the season. Over the course of eight weeks, Fit Girls will build their physical endurance, share great books, and talk about how they can make a difference in the world. This is an outdoor program so please dress accordingly. Kim Pigott and Kristin Harris are Bishop parents. 20 student maximum.

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CODE: BP07 7 Wednesdays and 7 Fridays, 3/28-5/25 (no class 4/6,  
4/18, 4/20), 2:25-3:25 PM \$85

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# Brackett School

## Fit Girls

*Erin Cave*

Grade 5

See description on previous page. Erin Cave is a Bishop parent and led a Fit Girls group last spring. 20 student maximum.

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CODE: BP08 7 Fridays, 3/30-5/25 (no class 4/6, 4/20),  
2:25-3:25 PM \$65

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## LEGO Club

*Abigail Gertner w/Gail Zyla and Amy Juodawlkis*

Grades K-5

Each week we will focus on a different group activity, such as designing a town or building cars and racing them against each other. There will also be time for free play with LEGO at the end of every session. Students will be organized by age into groups of no more than six. Boys AND girls of all ages are encouraged to participate! Instructors are Bishop parents and LEGO team leaders.

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CODE: BP09 6 Thursdays, 3/1-4/5, 2:25-3:40 PM  
(75 minute class) \$105

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## Wild Outside

*Audubon Instructor*

Grades 3-5

How do plants and animals adapt to cold weather? How does animal behavior change in winter and in spring? How do animals find food and stay warm? Come explore wildlife around the school, search for tracks and animal signs, dissect an owl pellet, and observe an animal visitor. Check out buds, decomposers, and birds flying through as warmer weather arrives. Experiment with different ways of recording what we see. Join educators from Mass Audubon/Habitat for some active fun, and find out more about the wild side of Arlington. Dress for the weather—we expect to go outside.

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CODE: BP10 8 Thursdays, 3/1-4/26 (no class 4/19),  
2:25-3:25 PM \$115

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## Pasta Making 101

*Lori Deliso, Kids Cooking Green*

Grades 3-5

In this hands-on pasta workshop kids will learn how to make, roll and cut their own pasta. How do you flavor the dough? Did you know there is a lemon flavored pasta? How do you stuff all that filling inside of a ravioli? We will mix up some filling and make our own handmade raviolis, just like the professionals do! Each participant will go home with a box of their own fresh made pasta or ravioli to be enjoyed at home. Lori Deliso is a Kids Cooking Green co-founder. Lori is married to Dave, owner of Dave's Fresh Pasta in Somerville, Mass., and she promises to share some pasta secrets with you! 20 student maximum.

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CODE: BP11 1 Thursday, March 8, 2:25-4:00 PM \$35

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## Theater Games

*Georgia Gersh*

Grades K-3

Back by popular demand! Through collaborative and creative learning and lots of brainstorming, we will first create characters and plot. Then together we will write a play and perform it as an ensemble at the end of our class. We are accepting new and returning students. Georgia Gersh is a theater and drama teacher at Arlington Center for the Arts and Bishop parent.

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CODE: BR01 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17),  
2:25-3:25 PM \$115

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## I Want It! I Need It! How Money Works

*Carol Svenson*

Grades 2-4

Money doesn't grow on trees—so where does it come from? Why does everything cost money? Why do Mom and Dad go to work? In this fun class, we will read books, play games, and do several activities to figure it out. You will learn why we use money and what it takes to get more. We'll discuss saving money for long-term goals, supply and demand, and why things cost so much. We'll use our new knowledge of economics to create a pretend store. Carol Svenson has an M.S. in economics and is a Brackett parent. 12 student maximum.

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CODE: BR02 8 Mondays, 2/27-4/23 (no class 4/16),  
2:25-3:25 PM \$115

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## Beginner Knitting

*Joy Spadafora*

Grades 3-5

Do you have a parent or relative who knows how to knit? Did you learn to knit but need a little more practice or help with your technique? Come knit with us after school! Led by a patient instructor with 20 years experience (and three sons who knit), this weekly class will provide just the right amount of guidance. Casting on, the knit and purl stitches, and casting off will be covered. Plus learn how different needles, yarn, stitches and gauge affect the end result. The class will result in a final project (to be decided). Joy Spadafora teaches knitting at the Robbins Library and the Grossman Summer Camp. \$10 materials fee due to the instructor at the first class.

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CODE: BR03 8 Mondays, 2/27-4/23 (no class 4/16),  
2:25-3:25 PM \$115

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“We'd love to see more classes like this- educational but FUN!! This class was a huge hit in our family.”

## LEGO Robotics Whizards

Children's Technology Workshop Instructor

Grades 3–5

Do you like to build? Drive remote control vehicles? Program robots? Then we have a challenge for you. In this workshop, students will use LEGO Mindstorms NXT components to build and program models of machines and devices that operate automatically or by remote control. Depending on the age group, projects may include a drawbridge, robotic arm, pinball machine, crane, car, or others. Working with expert instructors and detailed building plans, students will complete a project in each class and capture it digitally for a final take-home photo album that details all of their projects. LEGO projects will not be taken home.

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CODE: BR04 4 Fridays 3/2-3/23, 2:25-4:25 PM (Note: 2-hour classes) \$185

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## LEGO Robotics Whizards

Children's Technology Workshop Instructor

Grades 1–2

If your kids like LEGOs, they'll love robotics! Students use LEGO Mindstorms materials to construct motorized, programmed devices, making everything from an amusement park swing ride and swinging gymnast, to pneumatic claws and motorcycles! Design drawings, carefully prepared by engineers, ensure that the models are functional and leave room for creativity. During construction, instructors will introduce design challenges, discuss real-life robots, and teach participants about proper design and application of structural elements. Once built, projects will be motorized and programmed on a computer using a LEGO programming language. At the end of the program students will receive a digital photo slide show of their projects. LEGO models will not be taken home.

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CODE: BR05 4 Fridays 3/30-5/4 (no class 4/6, 4/20), 2:25-4:25 PM (Note: 2-hour classes) \$185

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## All About Animals

Audubon Instructor

Grades K–2

What are animals doing outside right now!? How do they keep warm and find food? Can we find evidence of animals in the schoolyard? Discover more about animals with educators from Mass Audubon's Habitat Education Center and Wildlife Sanctuary. Explore outside, search for animal tracks and shelters, and use your senses to uncover clues to winter survival. As winter turns to spring, we'll watch for changes that signal its arrival and look for birds, insects and other signs that tell of warmer weather. Examine specimens, observe animal visitors and learn about animal groups --- arthropods, reptiles, amphibians, birds and mammals. We'll play games, do activities and go outside so dress for the weather!

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CODE: BR06 8 Wednesdays, 2/29-4/25 (no class 4/18), 2:25-3:25 PM \$115

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## Keyboarding

Donna Kirkland

Grades 4–5

Good keyboarding skills are an asset to your success in middle school and you will get your homework done faster! Come hone your abilities in this fun class. Learn to type with both hands and not with one finger. Keyboarding poems and keyboarding charts will be introduced to help develop your skills. A website is available for typing games at home once you master the keyboard if you wish to practice more. Donna Kirkland is an experienced keyboarding teacher.

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CODE: BR07 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17) 2:25-3:25 PM \$115

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## Smoothie Making Workshop

Joy McCullough, Kids Cooking Green

Grades 3–5

In this hands-on class kids are given a Food-Network style challenge to create the best tasting fruit smoothie. Each team of children is given a blender, an array of local fruits, yogurt and juices. During the program instructors discuss the importance of eating local fruits and vegetables. Each child will go home with a personalized recipe card, with their smoothie recipe, and a full belly! Nutritious, fun, and tasty! Joy McCullough (MS, RD, LDN) specializes in pediatric nutrition, wellness, and weight management. Joy makes learning about nutrition FUN! 20 student maximum.

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CODE: BR08 1 Monday, March 5, 2:25-4:00 PM \$35

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“It was fantastic! The kids did really high-end stuff, made gifts and learned a ton.”

“I loved that the classes were offered right after school and I would welcome more classes. Science things always appeal to my son as well as theater.”

# Dallin School

## YES (Youth Exploration in Science)

Larry Hill

Grades 4–5

The YES (Youth Exploration in Science) program is a national 12-week, fun, extra-curricular program that allows fourth/fifth grade boys and girls to explore science in a casual setting, with their peers, and is centered on hands-on learning. Each week you will explore a different scientific principle along with the teacher and your small group. Then, you will build your own project based on that principle. We explore magnetism, electricity, and many other fun aspects of science. Some of the projects that we make include electromagnetic motors, catapults, and sun dials. Toward the end of the program each student will build his/her own rocket in class and the course culminates with a “shoot” where you will launch your own rocket! Parents and family are welcome to attend our “launch day” to watch their child shoot off their rocket! (It’s a huge source of pride for the children). This course is a great way to enhance your interest of science or to foster it in a low-key and fun setting. Students are proud of the projects they build each week, and are always happy to take them home to demonstrate how and why they work! This session is great for beginners or for young scientists as well, and it encourages risk taking and natural curiosity. Larry Hill is a Dallin parent and has taught this popular program in other towns with great success! 24 student maximum. Cost includes all materials, tools and projects for each week.

CODE: DA01 12 Thursdays, 3/1-5/17 (no class 4/19),  
2:25-3:25 PM \$150

## Computer Animation & Video Games

Terry Dash

Grades 4–5

Want to make your own animated stories, video games, or interactive artwork? You can! Come and learn how easy it can be to make characters that walk, fly, change their appearance, or respond to keys you press. See how to make the computer keep score, talk out loud, or draw gorgeous pictures! While you’re at it, you’ll also learn the basics of computer programming -- the logical thinking and problem-solving skills used to create everything from Xbox games to 3D movies. Easy-to-use (and free) Scratch software provides a set of puzzle pieces that can be assembled into working projects to help you become a creator, and not just a consumer, of computer animation! Terry Dash is director of technology at the Pike School in Andover.

CODE: DA02 8 Wednesdays, 2/29-5/2 (no class 3/14, 4/18),  
2:25-3:25 PM \$115

## Beginner Knitting

Joy Spadafora

Grades 3–5

Do you have a parent or relative who knows how to knit? Did you learn to knit but need a little more practice or help with your technique? Come knit with us after school! Led by a patient instructor with 20 years experience (and three sons who knit), this weekly class will provide just the right amount of guidance. Casting on, the knit and purl stitches, and casting off will be covered. Plus learn how different needles, yarn, stitches and gauge affect the end result. The class will result in a final project (to be decided). Joy Spadafora teaches knitting at the Robbins Library and the Grossman Summer Camp. \$10 materials fee due to the instructor at the first class.

CODE: DA03 8 Thursdays, 3/1-4/26 (no class 4/19),  
2:25-3:25 PM \$115

## Colonial Games and Toys

Jacob Bloom

Grades 1–3

Get ready for Colonial Days and immerse yourself in history! What did kids play with back when Arlington was still called Menotomy? We will explore the different ways that kids played together - with riddles, puzzles, games, and song—and make some of the toys and games they used. Play Nine Man’s Morris, make a Jacob’s Ladder and a Buzzsaw. See what can be done the next time the power goes out! The Blooms have taught dance at the Dallin and Peirce schools as well as schools in Cambridge. \$10 materials fee due to the instructors at the first class.

CODE: DA04 8 Fridays, 3/2-5/4 (no class 4/6, 4/20),  
2:25-3:25 PM \$115

## Theater Games

Hilary Rappaport

Grades K–2

In these classes we will develop our creative skills through games and exercises focusing on warm-ups and relaxation, observation and sense memory, concentration and cooperation, and improvisation. We will play and learn about techniques actors use while exploring movement, character, and imagination. We will create scenes and we will work with short scripts. Most importantly, we will encourage creativity and have a lot of fun! Hilary Rappaport has led book clubs and theater classes in the Thompson school, has a B.A. in drama, and is a founder and president of Friends of the Fox Library. She also teaches our popular Harry Potter Book Group.

CODE: DA05 8 Wednesdays, 2/29-4/25 (no class 4/18),  
2:25-3:25 PM \$115

“It was great! My son wants to sign up for another cooking class as he enjoyed it so much.”

## All About Animals

*Audubon Instructor*

Grades K–2

What are animals doing outside right now!? How do they keep warm and find food? Can we find evidence of animals in the schoolyard? Discover more about animals with educators from Mass Audubon's Habitat Education Center and Wildlife Sanctuary. Explore outside, search for animal tracks and shelters, and use your senses to uncover clues to winter survival. As winter turns to spring, we'll watch for changes that signal its arrival and look for birds, insects and other signs that tell of warmer weather. Examine specimens, observe animal visitors and learn about animal groups—arthropods, reptiles, amphibians, birds and mammals. We'll play games, do activities and go outside so dress for the weather!

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CODE: DA06 8 Thursdays, 3/1-4/26 (no class 4/19),  
2:20-3:20 PM \$115

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## Smoothie Making Workshop

*Joy McCullough, Kids Cooking Green*

Grades 3–5

In this hands-on class kids are given a Food-Network style challenge to create the best tasting fruit smoothie. Each team of children is given a blender, an array of local fruits, yogurt and juices. During the program instructors discuss the importance of eating local fruits and vegetables. Each child will go home with a personalized recipe card, with their smoothie recipe, and a full belly! Nutritious, fun, and tasty! Joy McCullough (MS, RD, LDN) specializes in pediatric nutrition, wellness, and weight management. Joy makes learning about nutrition FUN! 20 student maximum.

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CODE: DA07 1 Monday, March 12, 2:25-4:00 PM \$35

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# Peirce School

## Amazing Authors!

*Colleen Flynn*

Grades K–1

Come learn about different prize-winning authors! In “Amazing Authors” we will read several stories by a few different authors and then do crafts and other fun activities to go along with the stories. Some of the authors will include Nancy Carlson, Jan Brett, Lois Ehlert & more! Colleen Flynn is a Peirce teacher. 8 student maximum. \$10 materials fee is due to instructor at the first class.

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CODE: PR01 8 Wednesdays, 2/29-4/25 (no class 4/18),  
2:25-3:25 PM \$115

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“Please offer this class again in the spring! My son loved it.”

## Rock and Roll Glee Club

*School of Rock Instructor*

Grades 4–5

Ever wonder what it's like to be center stage when lights come up, you hear the roar of the crowd, and you start belting out a hit song? As ACDC says “it's a long way to the top if you wanna rock n' roll”, but this is a good place to start! We will sing and perform a mix of classic tunes and chart toppers ranging from Pop, R&B, Classic Rock, Pop-Punk and everything in between. Song selections might include artists such as Green Day, Maroon 5, The White Stripes, Adele, The Beatles and Michael Jackson. At the end of the class we'll put on a performance for your adoring fans. Touring musician Charlie Rockwell from the School of Rock Boston will direct the class. 10 student minimum, 15 student maximum.

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CODE: PR02 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17),  
2:25-3:25 PM \$120

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## All About Animals

*Audubon Instructor*

Grades K–2

What are animals doing outside right now!? How do they keep warm and find food? Can we find evidence of animals in the schoolyard? Discover more about animals with educators from Mass Audubon's Habitat Education Center and Wildlife Sanctuary. Explore outside, search for animal tracks and shelters, and use your senses to uncover clues to winter survival. As winter turns to spring, we'll watch for changes that signal its arrival and look for birds, insects and other signs that tell of warmer weather. Examine specimens, observe animal visitors and learn about animal groups—arthropods, reptiles, amphibians, birds and mammals. We'll play games, do activities and go outside so dress for the weather!

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CODE: PR03, 8 Mondays, 2/27-4/23 (no class 4/16),  
2:25-3:25 PM \$115

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## Wicked Cool Intergalactic Investigators

*Wicked Cool for Kids Instructor*

Grades 3–4

Investigate the origins of our universe and what made the Big Bang big! Once the dust settles, we'll explore galaxies, stars, and our solar system through lots of celestial models and fun hands-on projects while making sure to avoid those black holes.

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CODE: PR04 6 Thursdays, 3/1-4/5, 2:25-3:25 PM \$90

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## Creative Movement

*Erica Sigal*

Grades K–2

In Creative Movement, boys and girls use their bodies, senses and creativity to explore the joyful world of movement. Exhilarating elements of dance will help children develop physical and cognitive skills such as balance, coordination, cooperation, attention span, and self-esteem. Children will create a vivid spatial world with props like streamers, stretchy fabric and feathers, pictures, poems, stories, music, and rhythm instruments. *Suggested attire:* comfortable clothing, socks or bare-feet. Erica Sigal is a children's dance instructor in the greater Boston area. 12 student maximum.

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CODE: PR05 8 Fridays, 3/2-5/4 (no class 4/6, 4/20),  
2:25-3:25 PM \$115

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# Stratton School

## Jewelry Design

Georgia Gersh

Grades 4–5

Glitter and sparkle the afternoon away! Learn the basics of jewelry design while coming to appreciate color and texture. Make your own beautiful necklaces, bracelets and beaded flowers to keep or give as gifts. Georgia Gersh is a professional jeweler and Bishop parent ([www.georgiawearjewelry.com](http://www.georgiawearjewelry.com)). 15 student maximum. \$10 materials fee is due to instructor at first class.

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CODE: PR06 8 Wednesdays, 2/29-4/25 (no class 4/18),  
2:25-3:25 PM \$115

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## Cupcake and Cookie Decorating

Lisa Puffer

Grades 4–5

Calling all artists! Are you interested in learning how to make special cupcakes decorated for your birthday or to surprise a family member? Join us for a fun Cupcake and Cookie Decorating course. You will be shown how to decorate in a step-by-step class to help you become successful when decorating cupcakes or cookies! You'll learn how to make and color icing. Along the way you'll also learn to create icing drop flowers, shells and pompoms. Lisa Puffer is a Peirce teacher. 10 student maximum. \$10 materials fee is due to instructor at first class.

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CODE: PR07 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17),  
2:25-3:25 PM \$115

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## Pasta Making 101

Lori Deliso, Kids Cooking Green

Grades 3–5

In this hands on pasta workshop kids will learn how to make, roll and cut their own pasta. How do you flavor the dough? Did you know there is a lemon flavored pasta? How do you stuff all that filling inside of a ravioli? We will mix up some filling and make our own handmade raviolis, just like the professionals do! Each participant will go home with a box of their own fresh made pasta or ravioli to be enjoyed at home. Lori Deliso is a Kids Cooking Green co-founder. Lori is married to Dave, owner of Dave's Fresh Pasta in Somerville, Mass., and she promises to share some pasta secrets with you! 20 student maximum.

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CODE: PR08 1 Thursday, March 15, 2:25-4:00 PM \$35

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## Crazy for Crafting

Nicole Melnik

Grades K–2

If you love to work on art projects, you are crazy for crafting!! We will make bugs that tumble and butterflies that flutter. We will make light-up snow people and make and shake our handmade snow globes. We will make colorful animal puppets, sparkly snowflakes and so much more! Get ready to be messy with paint and glue while having lots of fun! 10 student maximum. Nicole Melnik is a Stratton teacher. \$8 materials fee due first class.

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CODE: ST01 8 Wednesdays, 2/29-4/25 (no class 4/18), 2:25-3:25  
PM \$115

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## Beginner Knitting

Joy Spadafora

Grades 3–5

Do you have a parent or relative who knows how to knit? Did you learn to knit but need a little more practice or help with your technique? Come knit with us after school! Led by a patient instructor with 20 years experience (and three sons who knit), this weekly class will provide just the right amount of guidance. Casting on, the knit and purl stitches, and casting off will be covered. Plus learn how different needles, yarn, stitches and gauge affect the end result. The class will result in a final project (to be decided). Joy Spadafora teaches knitting at the Robbins Library and the Grossman Summer Camp. \$10 materials fee due to the instructor at the first class.

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CODE: ST02 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17), 2:25-3:25  
PM \$115

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## Wicked Cool Gross Anatomy

Wicked Cool for Kids Instructor

Grades 3–4

Are you a future surgeon or researcher? Or would you just like to find out how your body works? Come find out in this fun class! This is an introduction to the amazing systems that make up the human body in all its gross glory. Eyeballs, blood, and various organs are all examined and educationally modeled. Fascinating!

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CODE: ST03 6 Wednesdays, 2/29-4/4, 2:25-3:25 PM \$90

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“I am thrilled with the introduction of KidZone to the Arlington elementary schools. I feel like our first-time experience was just great. I will definitely plan to sign up again in the fall and I will spread the word about how well the program runs. Thank you!”

## Nathan's Ninjas

*Nathan Porter*

Grades K-5

Back by popular demand! This dynamic class is known for its fun games and teamwork oriented environment. You will learn a mix of traditional Kempo Karate with elements of sport karate, tumbling and grappling. This class will give you a true self-defense perspective, all while you're having fun and building confidence. You will receive a belt and graduation certificate at the end of the session. Nathan Porter is a certified black belt and runs Rising Storm Training Academy in Woburn ([www.risingstormtrainingacademy.com](http://www.risingstormtrainingacademy.com)). He was inducted into the World Martial Arts Foundation for "Outstanding Youth Instructor". 12 student maximum. \$10 materials fee due to the instructor at the first class.

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CODE: ST04 8 Fridays, 3/2-5/4 (no class 4/6, 4/20),  
2:25-3:25 PM \$115

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## Arlington Children's Theater

*Matthew Lundeen*

Grades 3-5

New and returning students are welcome in this popular class! We will continue to explore our introduction to the dramatic arts. We will spend class time playing theater games that work on voice, movement, improvisation, character and confidence as we prepare a final production. Ensemble work is strongly encouraged as students add their ideas to everything, including scene creation. The class ends in a performance. Matthew Lundeen is an ACT instructor and a Stratton teacher. 10 student minimum.

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CODE: ST05 8 Mondays, 2/27-4/23 (no class 4/16),  
2:25-3:25 PM \$125

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## Dancing Prana Yoga

*Margaux Skalecki*

Grades 2-3

We will experience the many facets of movement, self-expression and creativity. Come explore yoga postures, spatial awareness, observation, listening, leadership skills, song and story-telling through dance and yoga. Tons of fun! Margaux Skalecki has a BFA in Dance and MA in Healing and Performance Arts. She created and directs the performance ensemble, Being Seen Being Heard. She has been on faculty at numerous schools including the Brookline Music School, Brookline Ballet, The Dance Complex, Tufts University, Inner Strength Yoga, Forever Fit, and Bodyscapes. Margaux is a children's advocate and encourages each child to shine his or her light through the arts ([www.margauxskalecki.com](http://www.margauxskalecki.com)). Please bring a yoga mat!

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CODE: ST06 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17),  
2:25-3:25 PM \$115

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“Make the class longer and offer it every semester!”

## Pasta Making 101

*Lori Deliso, Kids Cooking Green*

Grades 3-5

In this hands on pasta workshop kids will learn how to make, roll and cut their own pasta. How do you flavor the dough? Did you know there is a lemon flavored pasta? How do you stuff all that filling inside of a ravioli? We will mix up some filling and make our own handmade raviolis, just like the professionals do! Each participant will go home with a box of their own fresh made pasta or ravioli to be enjoyed at home. Lori Deliso is a Kids Cooking Green co-founder. Lori is married to Dave, owner of Dave's Fresh Pasta in Somerville, Mass., and she promises to share some pasta secrets with you! 20 student maximum.

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CODE: ST07 1 Friday, March 16, 2:25-4:00 PM \$35

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# Arlington High School

## Computer Animation & Video Games

*Terry Dash*

Grades 4-5

Want to make your own animated stories, video games, or interactive artwork? You can! Come and learn how easy it can be to make characters that walk, fly, change their appearance, or respond to keys you press. See how to make the computer keep score, talk out loud, or draw gorgeous pictures! While you're at it, you'll also learn the basics of computer programming -- the logical thinking and problem-solving skills used to create everything from Xbox games to 3D movies. Easy-to-use (and free) Scratch software provides a set of puzzle pieces that can be assembled into working projects to help you become a creator, and not just a consumer, of computer animation! Terry Dash is director of technology at the Pike School in Andover.

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CODE: AHS01 8 Wednesdays, 2/29-5/2 (no class 3/14, 4/18), 3:45-4:45 PM \$115

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## Creative Movement

*Erica Sigal*

Grades K-2

In Creative Movement, boys and girls use their bodies, senses and creativity to explore the joyful world of movement. Exhilarating elements of dance will help children develop physical and cognitive skills such as balance, coordination, cooperation, attention span, and self-esteem. Children will create a vivid spatial world with props like streamers, stretchy fabric and feathers, pictures, poems, stories, music, and rhythm instruments. *Suggested attire:* comfortable clothing, socks or bare-feet. Erica Sigal is a children's dance instructor in the greater Boston area. 12 student maximum.

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CODE: AHS02, 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17),  
3:45-4:45 PM \$115

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## Rock and Roll Glee Club

*Charlie Rockwell*

Grades 4–5

Ever wonder what it's like to be center stage when lights come up, you hear the roar of the crowd, and you start belting out a hit song? As ACDC says "it's a long way to the top if you wanna rock n' roll", but this is a good place to start! We will sing and perform a mix of classic tunes and chart toppers ranging from Pop, R&B, Classic Rock, Pop-Punk and everything in between. Song selections might include artists such as Green Day, Maroon 5, The White Stripes, Adele, The Beatles and Michael Jackson. At the end of the class we'll put on a performance for your adoring fans. Touring musician Charlie Rockwell from the School of Rock Boston will direct the class. 10 student minimum, 15 student maximum.

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CODE: AHS03 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17),  
3:45-4:45 PM \$120

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## Harry Potter Book Club

*Hilary Rappaport*

Grades 3–5

Calling all Harry Potter fans! Come join this class where we will explore the magic created by J.K. Rowling. There will be games and activities to enjoy as we discover facts about herbology, potions, mythical creatures, and other fantastic elements of the world of wizards. We will discuss all of the books and learn about how the author was inspired. If you love this series and are longing for more, come be introduced to other enchanting tales of witchcraft and wizardry! Hilary Rappaport has led book clubs and theater classes in the Thompson school, has a B.A. in drama, and is a founder and president of Friends of the Fox Library. 15 student maximum. \$10 materials fee is due to instructor at first class.

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CODE: AHS04 8 Fridays, 3/2-5/4 (no class 4/6, 4/20),  
3:45-4:45 PM \$115

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## Dancing Prana Yoga

*Margaux Skalecki*

Grades 2–3

We will experience the many facets of movement, self-expression and creativity. Come explore yoga postures, spatial awareness, observation, listening, leadership skills, song and story-telling through dance and yoga. Tons of fun! Margaux Skalecki has a BFA in Dance and MA in Healing and Performance Arts. She created and directs the performance ensemble, Being Seen Being Heard. She has been on faculty at numerous schools including the Brookline Music School, Brookline Ballet, The Dance Complex, Tufts University, Inner Strength Yoga, Forever Fit, and Bodyscapes. Margaux is a children's advocate and encourages each child to shine his or her light through the arts ([www.margauxskalecki.com](http://www.margauxskalecki.com)). Please bring a yoga mat!

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CODE: AHS05 8 Tuesdays, 2/28-5/1 (no class 3/13, 4/17), 3:45-4:45  
PM \$115

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## Nathan's Ninjas

*Nathan Porter*

Grades K–5

Back by popular demand! This dynamic class is known for its fun games and teamwork oriented environment. You will learn a mix of traditional Kempo Karate with elements of sport karate, tumbling and grappling. This class will give you a true self-defense perspective, all while you're having fun and building confidence. You will receive a belt and graduation certificate at the end of the session. Nathan Porter is a certified black belt and runs Rising Storm Training Academy in Woburn ([www.risingstormtrainingacademy.com](http://www.risingstormtrainingacademy.com)). He was inducted into the World Martial Arts Foundation for "Outstanding Youth Instructor". 12 student maximum. \$10 materials fee due to the instructor at the first class.

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CODE: AHS06 8 Fridays, 3/2-5/4 (no class 4/6, 4/20),  
3:45-4:45 PM \$115

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## Young Chefs Jr.

*Joanne Routenberg and Cathy Meehan*

Grades 2–3

We take the fear, mystery and the unknown out of cooking. Our course will focus on fun, simple and healthy cooking. In addition, each week our class will incorporate a theme and supplemental subject matter. It's our mission to provide an interactive learning experience that gives your chef the opportunity to develop a life long love for the culinary arts. Kids ages 7-12 are welcome to join us as we explore a smorgasbord of dishes. This is a great opportunity to sharpen life-skills and stir-up creativity! Young chefs will learn the basics in: kitchen safety, proper food handling, cooking techniques, presentation, table setting and manners. The Jr. Chefs classes are designed for students ages 7, 8 & 9 and offer a well-rounded approach to teaching children the skills necessary to develop their love of cooking. *Let the fun begin!* 12 student maximum \$25 materials fee is due to instructors at first class.

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CODE: AHS07 6 Tuesdays, 2/28-4/10 (no class 3/13),  
3:15-4:15 PM \$85

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## Young Chefs Sr.

*Joanne Routenberg and Cathy Meehan*

Grades 4–5

See description above. The Sr. Chefs classes are designed for students ages 10, 11 & 12. and are looking for a more in-depth culinary experience. Students will assume more responsibility while developing new techniques and concepts. 12 student maximum \$25 materials fee is due to instructors at first class.

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CODE: AHS08 6 Thursdays, 3/1-4/5, 3:15-4:15 PM \$85

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“Club LEGO was the highlight of my son’s week.”

# KidZone Classes Overview

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BISHOP</b>	GoLingo! Spanish, French, Chinese (Gr. K-5) 2/6-5/7 BPo1 Artists & Authors (Gr. K-1) 2/27-4/23	BPo3 Boot Camp (Gr. K-2) 2/28-5/1 BPo5 Chess 1 (Gr. K-3) 2/28-4/10	BPo2 Fancy & Fun Folk Art (Gr.K-2) 2/29-4/25 BPo4 Boot Camp (Gr. 3-5) 2/29-5/4 BPo7 Fit Girls (Gr. 4) 3/28-5/25	BPo3 Boot Camp (Gr. K-2) 2/28-5/1 BPo9 LEGO Club (Gr. K-5) 3/1-4/5 BP10 Wild Outside (Gr. 3-5) 3/1-4/26 BP11 Pasta Making 101 (Gr. 3-5) 3/8	BPo4 Boot Camp (Gr. 3-5) 2/29-5/4 BPo6 Chess 2 (Gr. 1-5) 3/2-4/13 BPo7 Fit Girls (Gr. 4) 3/28-5/25 BPo8 Fit Girls (Gr. 5) 3/30-5/25
<b>BRACKETT</b>	BRo2 How Money Works (Gr. 2-4) 2/27-4/23 BRo3 Beg. Knitting (Gr. 3-5) 2/27-4/23 BRo8 Smoothie Making (Gr. 3-5) 3/5	BRo1 Theater Games (Gr. K-3) 2/28-5/1 BRo7 Keyboarding (Gr.4-5) 2/28-5/1	BRo6 All About Animals (Gr. K-2) 2/29-4/25	GoLingo! Spanish, French, Chinese (Gr. K-5) 1/26-4/26	BRo4 LEGO Robotics (Gr. 3-5) 3/2-3/23 BRo5 LEGO Robotics (Gr. 1-2) 3/30-5/4
<b>DALLIN</b>	DAo7 Smoothie Making (Gr. 3-5) 3/12	GoLingo! Spanish, Italian, Chinese (Gr.K-5) 1/24-5/7	DAo2 Comp. Animation (Gr.4-5) , 2/29-5/2 DAo5 Theater Games (Gr. K-2) 2/29-4/25	DAo1 YES (Gr. 4-5) 3/1-5/17 DAo3 Beg. Knitting (Gr. 3-5) 3/1-4/26 DAo6 All About Animals (Gr. K-2) 3/1-4/26	DAo4 Colonial Games (Gr.1-3) 3/2-5/4
<b>PEIRCE</b>	PRo3 All About Animals (Gr. K-2) 2/27-4/23	PRo2 Glee Club (Gr.4-5) 2/28-5/1 PRo7 Cake Decorating (Gr. 4-5) 2/28-5/1	GoLingo! Spanish, Chinese (Gr. K-5) 1/25-4/25 PRo1 Amazing Authors! (Gr. K-1) 2/29-4/25 PRo6 Jewelry Design (Gr. 4-5) 2/29-4/25	PRo4 Intergalactic Investigators (Gr. 3-4) 3/1-4/5 PRo8 Pasta Making 101 (Gr. 3-5) 3/15	PRo5 Creative Movement (Gr. K-2) 3/2-5/4
<b>STRATTON</b>	STo5 Arlington Children's Theater (Gr. 3-5) 2/27-4/23	STo2 Beg. Knitting (Gr. 3-5) 2/28-5/1 STo6 Yoga (Gr. 2-3) 2/28-5/1	STo1 Crazy Crafting (Gr. K-2) 2/29-4/25 STo3 Gross Anatomy (Gr.3-4) 2/29-4/4	GoLingo! Spanish, French (Gr. K-5) 1/26-4/26	STo4 Nathan's Ninjas (Gr. K-5) 3/2-5/4 STo7 Pasta Making 101 (Gr. 3-5) 3/16
<b>ARLINGTON HIGH SCHOOL</b>		AHSo2 Creative Movement (Gr. K-2) 2/28-5/1 AHSo3 Glee Club (Gr.4-5) 2/28-5/1 AHSo5 Yoga (Gr. 2-3) 2/28-5/1 AHSo7 Young Chefs Jr. (Gr. 2-3) 2/28-4/10	AHSo1 Comp. Animation (Gr.4-5) 2/29-5/2	AHSo8 Young Chefs Sr. (Gr. 4-5) 3/1-4/5	AHSo6 Nathan's Ninjas (Gr. K-5) 3/2-5/4 AHSo4 Harry Potter (Gr. 3-5) 3/2-5/4

## Register early. Some classes will fill quickly!

Please note our afternoon classes at Arlington High School. For information about GoLingo! language classes, please go to [golingoo.org](http://golingoo.org).

“I thought the class was very good, and I hope other similar classes will be offered in the future. It’s very convenient that the classes are offered at the various schools rather than at other locations. Thank you very much to ACE and to the instructors.”